

Proclaim Care case study

How Proclaim Care helped Morgan gradually return to work after cancer.

Background

Morgan* is a full-time National Account Manager, which involved long hours of driving visiting clients throughout the UK. He's fit and active, even running ultra-marathons and cycling. He started getting a pain in his left side and groin, which his GP initially thought could be kidney stones or a UTI. When Morgan's symptoms didn't improve, he had more tests – and Morgan was diagnosed with testicular cancer.

Treatment and support

Morgan went through three cycles of chemotherapy followed by surgery to remove the testicle and received counselling to address feelings of anger and low mood. He was due to start three half days return to work when he was referred by Aviva to Proclaim Care.

Morgan was able to use his employer's group income protection policy to access vocational rehabilitation provided by Proclaim Care. The vocational rehabilitation specialist worked with Morgan to create a new step by step return to work plan to help manage his fatigue. It provided Morgan with guidance on how to pace himself, both at work and at home and reminded him of the importance of working within his agreed reduced hours. It really helped and, over time, he was ready to gradually increase his work hours.

Throughout, the vocational rehabilitation specialist regularly updated Morgan's employer to make sure his gradual return to work was successful.

Outcome

The gradual return to work plan, set up by the vocational rehabilitation specialist, really helped manage Morgan's fatigue. After two months of reduced hours and duties, he felt ready to speed up his return to work and Morgan was working his full-time hours earlier than expected.

*Proclaim Care and Aviva Protection UK Limited real-life customer case study. July 2023. The image shown is for illustrative purposes and names have been changed for confidentiality.

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This case study tells the story of a successful return to work through vocational rehabilitation provided by Proclaim Care.