**Group Protection** 

# Bereavement support and probate helpline

Confidential and practical support provided by the experts at Aviva Smart Health\*

### **Bereavement support** What's provided

- Free to use and available to you and your partner
- Access from 9.00am-5.30pm, Monday to Friday
- Telephone sessions with a qualified expert
- Completely confidential service

#### How it can help

- A dedicated listening service to help deal with the death of someone important to you
- Support with managing anxiety and stress
- Referral to onward support
- Pointing you to therapy resources

Phone number for bereavement is:

0204 579 8999

## **Probate helpline** What's provided

- Guidance on legal issues after a bereavement
- Free to use and available to you and your family
- Access to telephone helpline, providing information and support with the probate process
- Completely confidential service available from Monday to Friday, 9.00am to 5.30pm

#### How it can help

- Explaining the probate process
- Guidance on legal, financial and tax issues after a death
- Helping you and your family navigate any necessary admin

Phone number for probate is:

0204 587 0494

\*Aviva Smart Health is provided to Aviva Protection UK Limited customers by Teladoc Health. This is not part of your insurance contract and can be changed or withdrawn at any time.

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